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Engaging in Times of Change

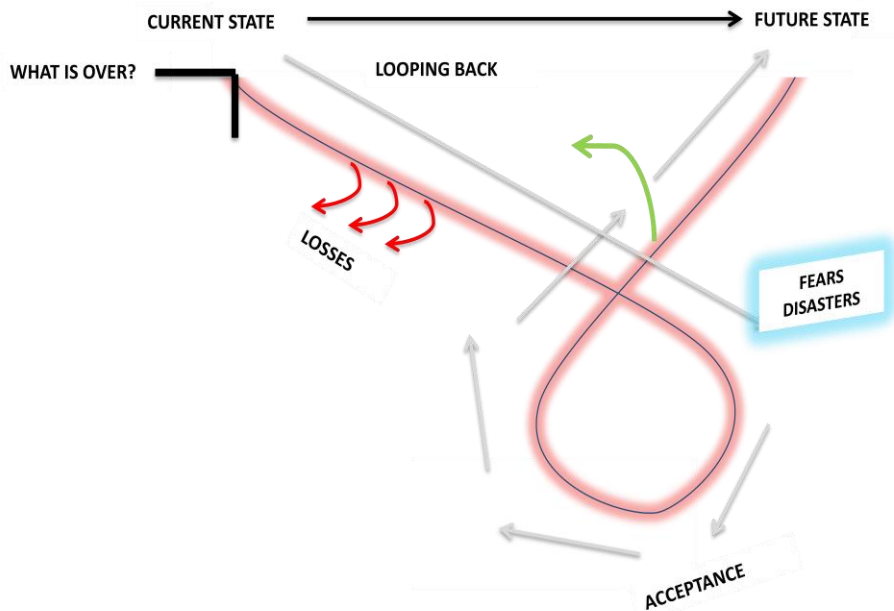
With a partner, have this quick conversation: Based on some recent changes at work—

- Here's what I'm thinking _____.
- If I had a concern in would be _____.
- To be honest, this change makes me feel _____.

NOTES:

What Change Really Looks Like

Source: ©1993 Catalyst Consulting Team & Laurence F. Akiyoshi



ENGAGEMENT: What the best leaders bring to work each day.

Engagement refers to the level of dedication, commitment, passion, innovation, and emotional energy a person is willing to expend.

5 Research-Based Engagement Strategies

TIP 1: Look forward to something positive!

NOTES:

TIP 2: Surround yourself with the right people!

NOTES:

TIP 3: Develop a mantra!



What mantra do you need? What mantra does your team need?

NOTES:

TIP 4: Find 3 good things!

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TIP 5: Keep your sense of humor!

NOTES:

People will forget what you *said*, people will forget what you *did*, but people will never forget how you made them *feel*. ~ Dr. Maya Angelou

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